



FREE SAMPLE

EASY COLORING BOOK

BY ANDY HARRIS

Retro Groovy 60s Easy Coloring Book:
A Senior-Friendly Relaxing Coloring Journey Back in Time for Adults
Free Sample

Images and Text © 2025

Andy Harris

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WELCOME!

Thank you for downloading this free sample!

This free version is for home use so feel free to print off the pages and practice coloring.

Get ready to take a far-out journey back to the 1960s, where peace, love, and creativity come together! Whether you're an adult looking to unwind after a long day or a teenager searching for a fun, nostalgic escape, this book is designed to bring you hours of relaxation and artistic expression.

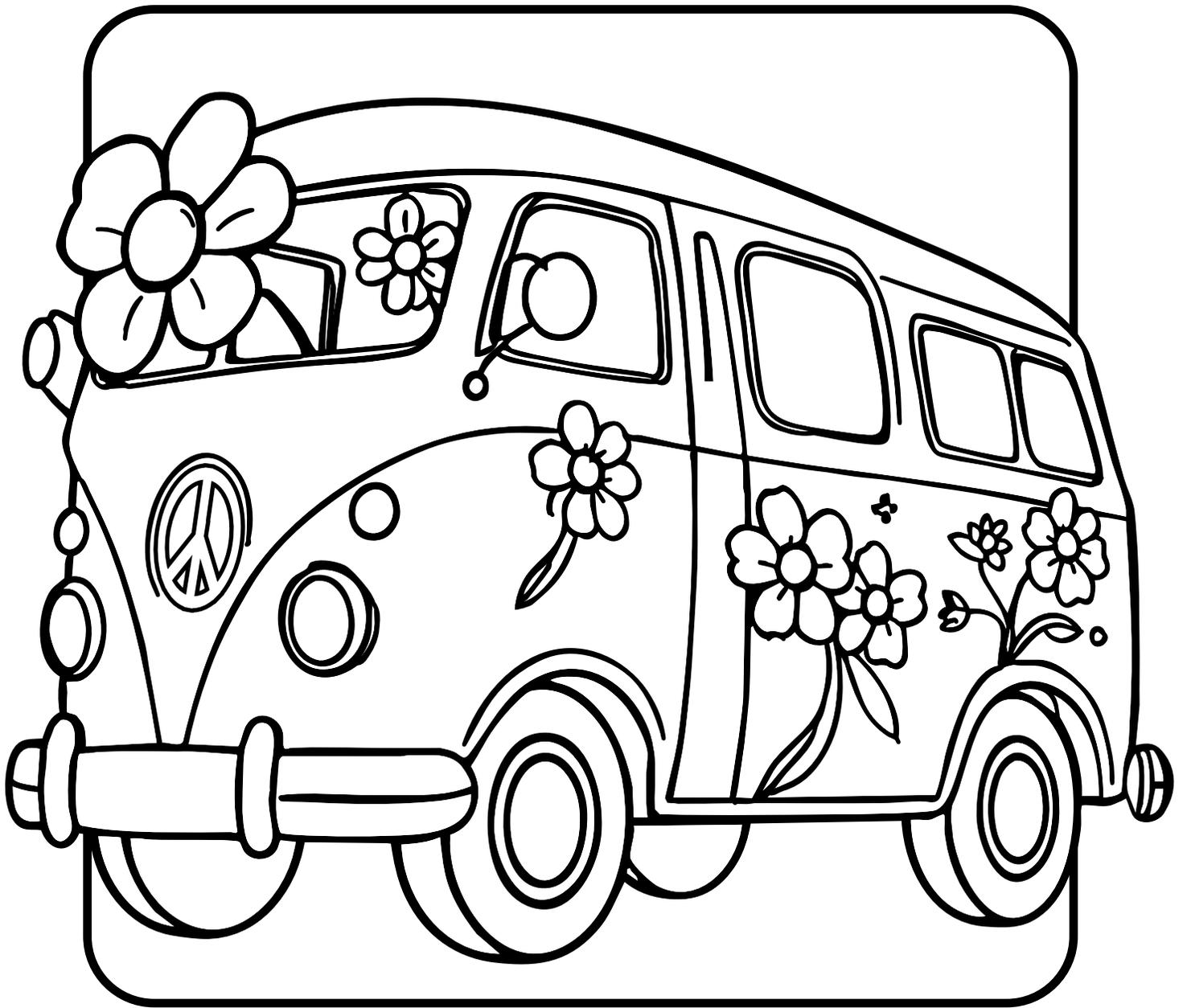
Inside, you'll find a vibrant collection of iconic 60s objects, from VW buses and transistor radios to astronauts and peace sign necklaces. Each illustration has been thoughtfully crafted to provide a fun and immersive coloring experience, with mid-tone shading to help bring depth and dimension to your artwork—perfect for markers, pencils, or any coloring tools you love!

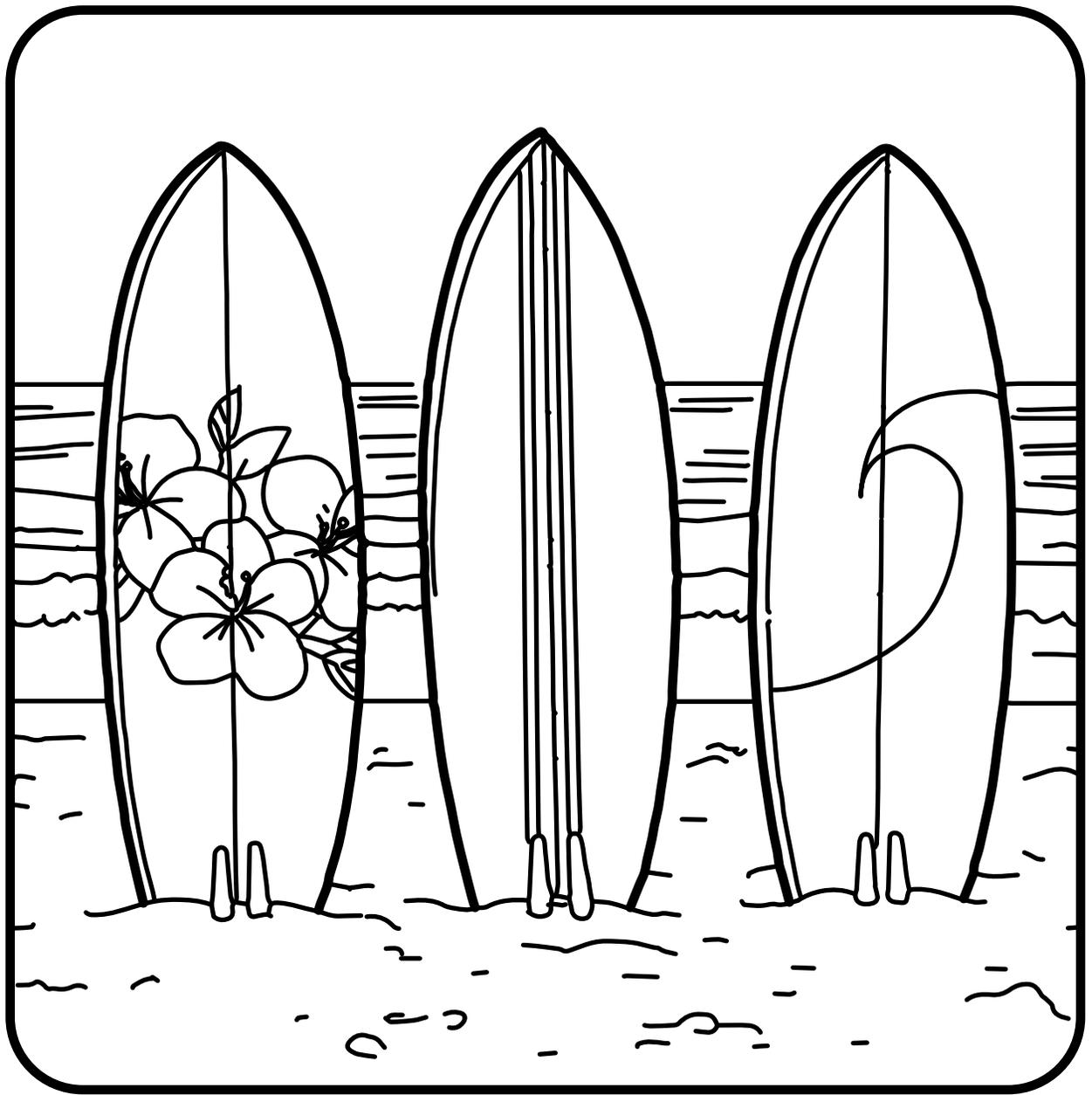
So, grab your favorite colors, find a cozy spot, and let your creativity flow. We hope you enjoy this groovy trip through the 60s as much as we enjoyed creating it!

Stay groovy and happy coloring!

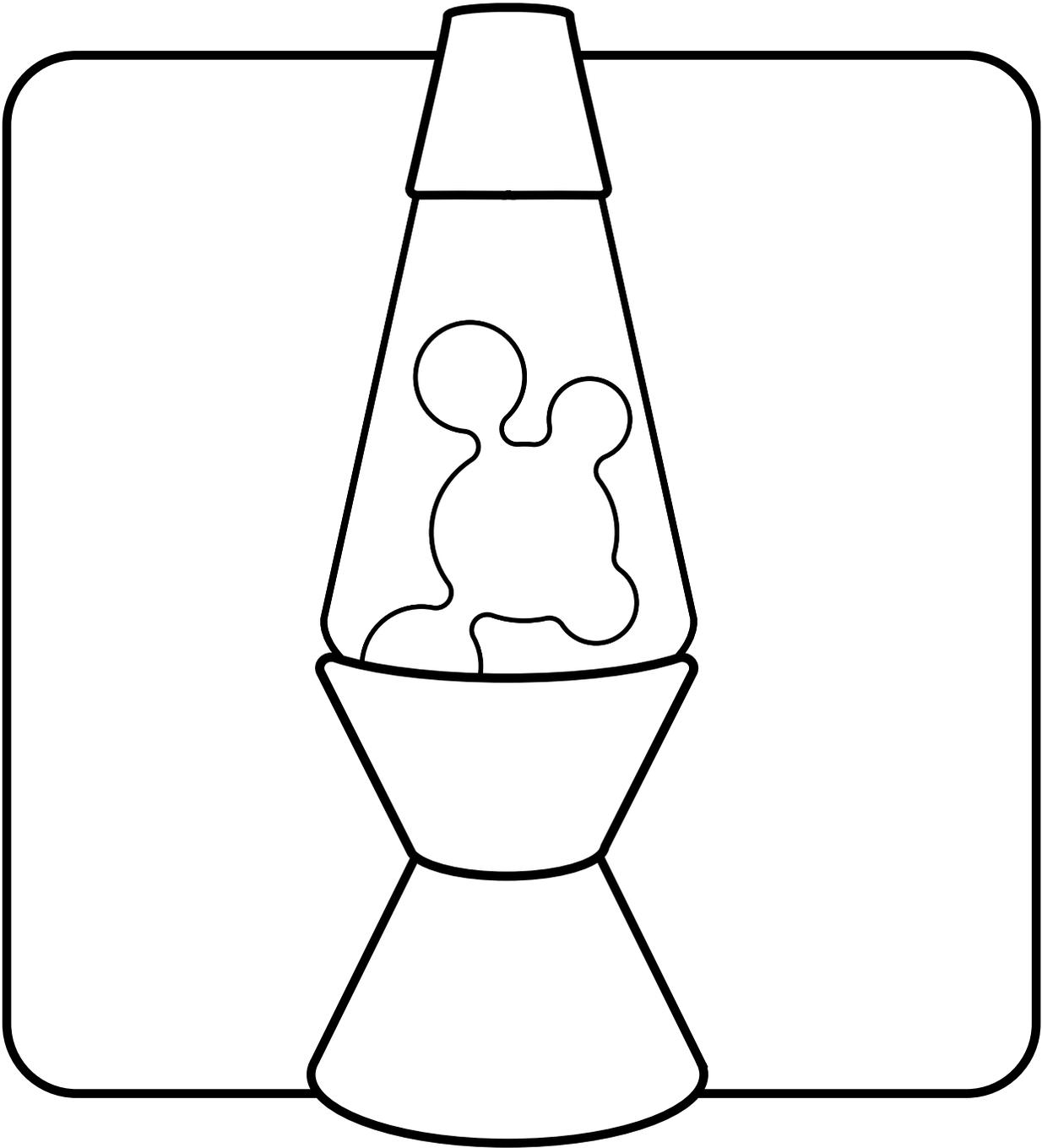
Tips for Coloring Success

- 1. Plan your colors:** It's important to choose colors that will complement the design. Consider choosing colors that are harmonious and work well together, rather than colors that clash or distract from the overall design.
- 2. Start with light colors:** If you're working with pencils or markers, it's often easier to start with lighter colors and then layer on darker shades as you go. This will help you avoid smudging or covering up the lighter colors as you work.
- 3. Experiment with coloring techniques:** There are many different coloring techniques you can use to add depth and interest to your design. For example, you can use shading to create a sense of volume and dimension, or you can use layering to create a gradient effect. Experiment with different techniques to find what works best for you.
- 4. Take breaks:** Coloring these pages can be a relaxing and enjoyable activity, but it's important to take breaks and rest your eyes to avoid strain. Consider setting a timer for yourself and taking a short break every 20-30 minutes to stretch and rest your eyes.
- 5. Focus on the process:** Coloring can be a form of mindfulness, so try to focus on the present moment and enjoy the process rather than stressing about the final product. Remember that it's not about perfection, it's about finding enjoyment and relaxation in the activity.
- 6. Embrace happy accidents:** You can be as careful as possible and still find yourself making mistakes. It happens even to the great masters. All of these are unique designs, but have many similarities. This gives you freedom to make mistakes and still have others to rely on that look similar.







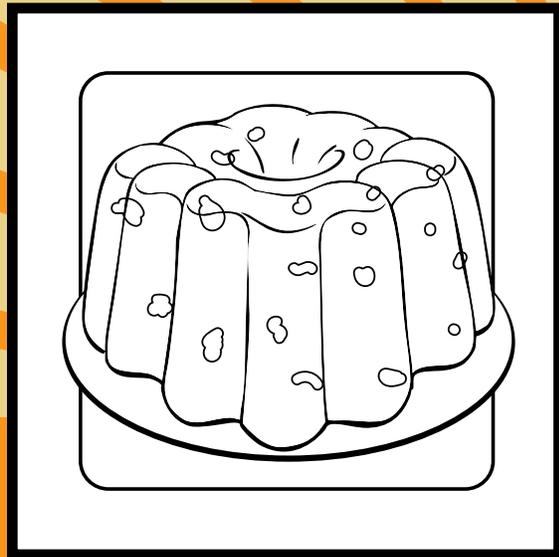
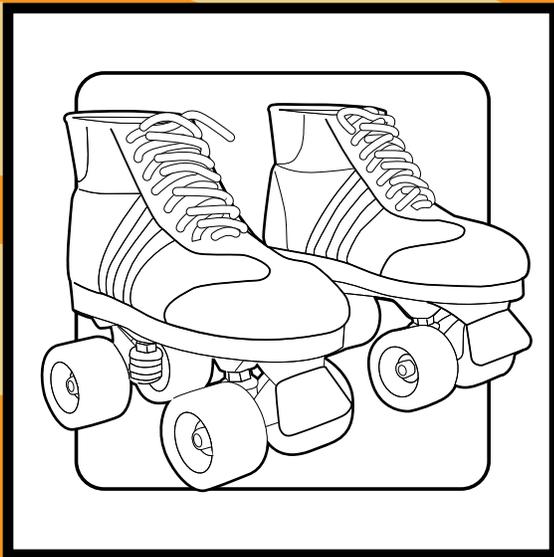
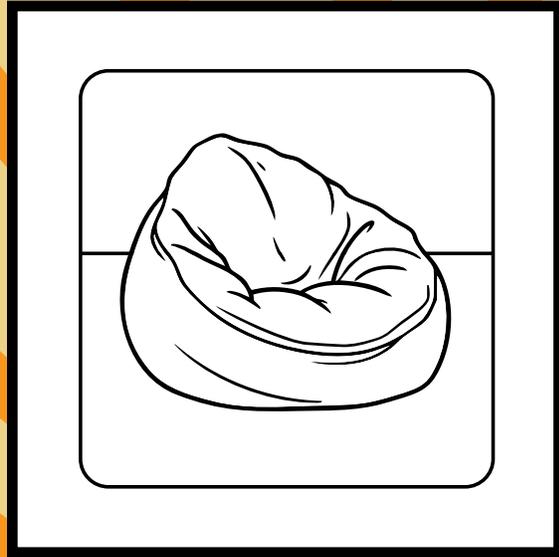
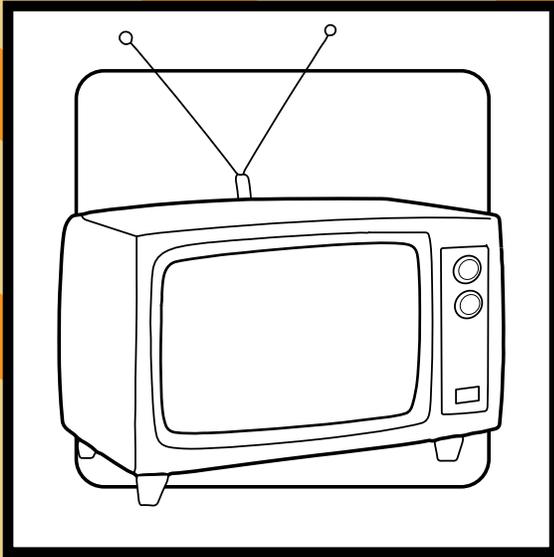


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